

## PGC-1 $\alpha$ reduces proteasome and lysosome activity and attenuates myotube protein degradation

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**Introduction.** Skeletal muscle adapts to physiological demands by altering its metabolism and modifying its size (Schiaffino *et al.*, 2007). Regulation of muscle size is determined by two opposite phenomena, hypertrophy and atrophy. The ubiquitin proteasome pathway (UPP) is seen as the predominate pathway involved in muscle protein degradation (Solomon & Goldberg, 1996), however, recently the lysosomal pathway has been shown to play a key role in myotube protein degradation (Zhao *et al.*, 2007). Peroxisome Proliferator - activated receptor gamma, co-activator 1 alpha (PGC1 $\alpha$ ), a key protein involved in oxidative metabolism, has been shown to attenuate atrophy in mice, in part, *via* inhibiting the Forkhead (FoXO) transcriptional regulation of atrogen-1 and MuRF1 (Sandri *et al.*, 2006), two key members of the UPP (Bodine *et al.*, 2001). Whether PGC-1 $\alpha$  influences proteasomal and lysosomal activity is unknown.

**Methods.** Mouse C2C12 myotubes were infected for 48 h with an adenovirus (Adv) containing green fluorescent protein (GFP-Adv) or human PGC-1 $\alpha$  (hPGC-1 $\alpha$ -Adv). After infection, myotubes were treated with or without dexamethasone (DEX) (10  $\mu$ M) for 24 h and the release of [<sup>3</sup>H]-tyrosine into the media was used as a measure of protein degradation. Proteasomal chymotrypsin- and caspase-like activities, as well as lysosomal cathepsin protease activity was measured *via* fluorometric analysis of their cleaved fluorescent peptide substrates, Suc-LLVY-AMC, Z-Leu-Leu-Glu-MCA and Z-Phe-Arg-AMC·HCl, respectively. Expression of PGC-1 $\alpha$ , atrogen-1 and MuRF1 mRNA were measured *via* quantitative PCR.

**Results.** When compared to the GFP-Adv control group, over expressing hPGC-1 $\alpha$  in C2C12 myotubes attenuated basal as well as DEX induced protein degradation by 18% and 33%, respectively. PGC-1 $\alpha$  blunted proteasomal chymotrypsin- and caspase-like activities, and lysosomal cathepsin activity by 42%, 43% and 64%, respectively and reduced atrogen-1 and MuRF1 mRNA levels by 50% and 74%, respectively.

**Conclusions.** Our results demonstrate that PGC-1 $\alpha$  attenuates both basal and DEX induced protein degradation, in part, *via* reducing the activities of the proteasome and lysosome. The reductions in atrogen-1 and MuRF1 support previous observations and suggest a possible mechanism influencing the reduced proteasomal activity. Further investigations are required to determine how PGC-1 $\alpha$  attenuates proteasomal and lysosomal activity.

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